



**cathedral**  
OF THE ROCKIES  
Boise First United Methodist Church



**SMALL  
GROUPS**

Summer 2024

## YOU ARE WELCOME HERE.

You are welcome at Cathedral of the Rockies no matter where you are in your faith journey. We offer a variety of classes and small groups to meet you where you are and provide a community in which you can learn and grow.

We encourage small groups to open and close with a prayer and to read the Cathedral Covenant at each meeting. Depending on the format of the group there may also be a time at the beginning or end for participants to share any personal joys or concerns.

If you'd like to host a Small Group, please reach out to Lindsay Cox or Pastor Irene Laudeman.

## CATHEDRAL COVENANT

We are all on the journey of discovery, all seeking to be faithful followers of Jesus Christ. We are all learners and all teachers. We all have gifts to share. We work to listen and to learn from each other, treating each other with respect and dignity. We are a community of grace and forgiveness, glad for our diversity and differences. Disagreements will come, but we are willing to remain a part of the community and a part of the conversations, so we will not walk out or close our hearts or minds.

### DOWNTOWN CAMPUS

717 N. 11th Street  
Boise, ID 83702  
(208) 343-7511

### AMITY CAMPUS

464 W. Maple Grove Road  
Boise, ID 83709  
(208) 362-2168

### FOR QUESTIONS, CONTACT THE GROUP CONTACT OR

**Pastor Irene Laudeman**  
Spiritual Formation Pastor  
ilaudeman@boisefumc.org

**Lindsay Cox**  
Small Groups Coordinator  
lcox@boisefumc.org

# SUNDAY

## Adult Sunday School

9:00am - 10:00am | Amity Campus  
Ongoing Group - Will break during July  
Group Contact: John Crites | [johntc@narrows.com](mailto:johntc@narrows.com)

This group studies the assigned scripture from the Revised Common Lectionary or the passage being preached on that day. Group is led by John Crites who is a long-time member of Cathedral of the Rockies.

## Text Dive

9:00am - 10:00am | Library, Downtown  
Ongoing Group  
Group Contact: Lindsay Cox | [lcx@boisefumc.com](mailto:lcx@boisefumc.com)

Group will study Biblical passages in depth. Come with a Bible and an inquisitive mind, ready to dive into the Text. Lindsay has a Master of Arts in Hebrew Bible and its world, is competent in Biblical and Modern Hebrew, and lived in Israel for three years. She taught Jr. High and High School Bible and History for three years.

*Childcare Available*

## Seekers Group

9:30am - 10:45am | Bishop's Lounge, Downtown  
Ongoing Group  
Group Contact: Beverly & Alan Hines | [abhines@q.com](mailto:abhines@q.com)

A member-facilitated sacred space to authentically share, learn, and explore life and faith matters as we connect with one another. We welcome all people at any stage on their spiritual journey.

*Childcare Available*

# MONDAY

There are currently no Small Groups meeting on Mondays.

# TUESDAY

There are currently no Small Groups meeting on Tuesdays.

# WEDNESDAY

## Learning to Walk in the Dark

10:00am - 11:30am | Bishop's Lounge, Downtown

Summer Session: June 5 - August 28

Group Contact: Jae' Etchart | [jaetchart@aol.com](mailto:jaetchart@aol.com)

Join us for the summer months as we read and discuss Barbara Brown Taylor's book *Learning to Walk in the Dark*. This book study is led by Jae' Etchart. Jae' is a former Deacon in the Metropolitan Community Churches (MCC). She has a passion for leading Bible and book studies.

## Amity Women's Fellowship Group

1:00pm - 3:00pm | Fellowship Hall, Amity

Group meets every second Wednesday of the month - Ongoing

Group Contact: Christine Anderson |

[Christine.anderson1896@gmail.com](mailto:Christine.anderson1896@gmail.com)

Join us for a casual time of fellowship and community.

# THURSDAY

## COTR Daytime Book Club

1pm – 3pm | Library, Downtown

1<sup>st</sup> and 3<sup>rd</sup> Thursdays of the month

Group Contact: John and Kati Wynkoop | [jwynkoop51@gmail.com](mailto:jwynkoop51@gmail.com)  
or [Kwynkoop53@gmail.com](mailto:Kwynkoop53@gmail.com)

This book group alternates fiction and non-fiction titles that are selected by group members. Members typically lead the discussion of the book they nominate but this is not a requirement. The first session of the month is designated for discussing the book read. The second session is designated for viewing a movie or documentary, bring in a speaker, or some activity related to the book, the author, theme, or time period.

# FRIDAY

## Pastor Duane's Zoom Bible Study

7:30am – 8:30am | Online

Summer Session: June – July, breaking during August

Group Contact: Jo Ann Stillinger | [joannstillinger@gmail.com](mailto:joannstillinger@gmail.com)

This Bible study is led by Pastor Duane Anders who is the Sr. Pastor at Cathedral of the Rockies. The group discusses passages on Friday mornings that are related to the sermon the following Sunday. Email Jo Ann for the Zoom link.

## Centering Prayer

12:45pm – 2:00pm | Library, Downtown

Ongoing Group

Group Contact: Kathy Yochum | [kathyochum@yahoo.com](mailto:kathyochum@yahoo.com) or  
Virginia White | [virginiajwhite@gmail.com](mailto:virginiajwhite@gmail.com)

Centering Prayer is a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us, closer than breathing, closer than thinking, closer than consciousness itself. This method of prayer is both a relationship with God and a discipline to foster that relationship. We begin our prayer session with a short reading followed by a 20 minute silent sit and a closing prayer.

**SATURDAY**

## Men's Group

8:30am – 9:30am | Olivet Room, Downtown

Ongoing Group

Group Contact: Ed Morgan | [ed@morganand.com](mailto:ed@morganand.com)

We will explore the possibilities of living our fullest lives bolstered by the support of fellow men. This group will give us a time and place to get to know each other and ourselves better, build trust and compassion, share our joys and sorrows, and support each other on our journeys of discovery. Ambitious? Perhaps, but we won't know what we can do until we sit down together, break bread (actually, donuts and coffee) and begin the conversation.

This group is led by Ed Morgan and Scott Newland. Ed moved to Boise from the Bay Area in January 2022 and joined COTR in March. Scott has experience leading business networking groups and has a deep interest in connecting people together for mutual support and fellowship.

# ADDITIONAL RESOURCES

## INDIVIDUAL COUNSELING

### By Appointment

Jane Krumm | text: (208) 731-6556

Jane Krumm, ACSW, LCSW is an experienced clinician in the area of child and family therapy, parenting, adult therapy, as well as school counseling and meditation. Jane is a member of Cathedral of the Rockies and is offering counseling in the area of grief support and parenting help. Preferred method of contacting is texting. Consultations will be provided as part of the ministry of our church and will be designed according to individual need.

## COUPLES MENTORING

### By Appointment

Patrick & Maryanne Taglieri Wendt | [patmaryanne@gmail.com](mailto:patmaryanne@gmail.com)

After love and marriage, sometimes there can be questions and disagreements, especially in a brand new union. Love covers a multitude of sins (1Peter 4:8). It's true! But if you need a listening ear and help figuring out some ways to see problems in a different light, we'd like to help. We don't pretend to have all the answers, but we can guide you on your way to finding them yourselves. Let's meet for coffee and see where it leads.

## SPIRITUAL DIRECTION

### By Appointment | \$35 per hour

Linda Biggs | [biggs81@gmail.com](mailto:biggs81@gmail.com)

<mailto:patmaryanne@gmail.com>

What is Spiritual Direction? Richard J. Foster in his book *Celebration of Discipline* says, "In the Middle Ages, not even the greatest saints attempted the depths of the inward journey without the help of a spiritual director." Directors often say that when we meet with a directee, there are three present in the room: the director, the directee, and the Holy Spirit. The relationship at its best is that of advisor to friend.

Rev. Linda S. Biggs is an ordained elder in the United Methodist Church, retired and affiliated with Cathedral of the Rockies. She has a Master's of Divinity from

Drew Theological School in Madison, NJ and is certified as a Spiritual Director. This is a rigorous three-year study incorporating theology, history, theory and practice. She is active at the Cathedral teaching Wesley classes, classes at the Summer Cathedral College, as a liturgist and communion steward, and as a member of the Care Team.